

Public Information Pack (PIP)

Booklet 1: A quick guide

2018. How to get actively involved in NHS, public health and social care research – A quick guide.

The Public Information pack (PIP) is made up of four booklets and is for members of the public who are interested in getting involved in NHS, public health and social care research. The booklets have been produced by INVOLVE with support and advice from members of the public to help us ensure we cover the kind of information people need when first getting involved in research.

The other three booklets in the series are:

[PIP 2: Getting started](#)

[PIP 3: Finding out more](#)

[PIP 4: Jargon buster](#)

No. of pages: 5

Ngawai Moss



I was recruited into a large clinical trial in 2011 and have been involved in a broad range of Patient and Public Involvement work ever since.

My area of interest is Women's Health where I am an active member of Katie's Team (an Advisory Group hosted at QMUL).

With their support I have been active in most areas of the research lifecycle and also [co-authored a paper](#) about involving pregnant women, mothers and members of the public to improve the quality of women's health research. In 2017 I also became part of the 'Women and Families Involvement Group' within the National Maternity and Perinatal Audit.

Having a young family and elderly relatives I have used a broad range of health and care services which also informs my perspective and motivates me further to use my business skillset to increase the impact and reach of the INVOLVE Advisory Group's work.

I am also a member of the British Standards Institute (BSI) Knowledge Management Systems Committee and love anything chocolate!

Ruth Richardson



I have held senior management roles in the voluntary, community and social enterprise (VCSE) sector since 2010 and am currently Deputy Chief Executive of a community interest company delivering talking therapies in the South West. In this role I lead on partnership work and patient involvement, and am passionate about ensuring the voice of the end user is represented in all aspects of healthcare – from research, planning and design through to evaluation and sharing learning. In a previous role I recruited and supported a team of older people to become commissioners of voluntary sector services and also community researchers, evaluating the effectiveness of interventions to tackle isolation and loneliness in later life. I became

involved with Involve in order to support the vision of world-class public engagement in research, and to share my own experiences of service user involvement.

Janet Tonge



My background is in improvement work in the NHS and local government where I've worked extensively with public groups and people affected by various health conditions in order to help commissioners and clinicians understand how well services are working and what needs to change.

Most recently I led a programme to improve cancer services in Manchester which had the principle of co-production with people affected by cancer at its heart. I am a supporter of older parents one of whom has multiple conditions. This has given me more experience than I would like of navigating health services especially those related to cardio vascular disease and neurological conditions. I also have experience of musculoskeletal services myself. My research interests are focussed on lung cancer and in particular developing information and tools to help people make up their minds about whether to be screened or not.

IN Bulletin 5 – Clinical Research Ambassador Group

Welcome to the fifth issue of our IN: Bulletin.

This bulletin looks at the Clinical Research Ambassador Group (CRAG) based at Birmingham Heartlands Hospital.

Notes of INVOLVE Executive Group Meeting April 2018

North Bristol NHS Trust

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