## Things to help

## NIHR Learn about research

Being involved or participating in healthcare research can offer opportunities to use your current knowledge and experiences as well as developing new skills and knowledge. To support your learning we have developed a Learn about research area which can be used by everyone who has an interest in patient and public involvement and engagement in research.

https://www.nihr.ac.uk/patients-and-public/learn-about-researc h/

## **INVOLVE Training Development pages**

Developing training and support

www.involve.nihr.ac.uk/resource-centre/training-resource/