

# Research & Innovation PPI Group

## “A Doing Together Approach”

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### Background

- ✓ The group has developed an innovative approach to ‘Involvement’ to facilitate Patient Public Involvement (PPI) for Research and Innovation across the rural geographically dispersed county of Lincolnshire. We have taken a “Doing Together Approach” working in collaboration with Lincolnshire Partnership NHS Foundation Trust and the East Midlands Mental Health Research Network (EM-MHRN). Established in early 2012, the group has made numerous contributions to developing high quality research, to supporting innovation projects and to facilitating and promoting the recruitment of participants to National Institute for Health Research (NIHR) portfolio studies.

### Achievements

- ✓ The group has recently developed their own research project exploring the “Progress of People with Long-Term Mental Health Conditions who have been Discharged from Mental Health Services” in Skegness and Boston. We are developing this project in collaboration with Robert Goemans, Professional Social Work Lead and Senior Lecturer at the University of Lincoln) and Janet Walker (Principal Lecturer at the University of Lincoln). They are supporting the group with academic mentorship and training.
- ✓ The group has worked in an advisory capacity with Imperial College London to inform the development of a Research for Patient Benefit grant application - ‘A Guided Randomised Exploratory Evaluation of Nidotherapy in a Woodland community’. ‘GREENWOOD’ (Tyrer, 2012).

### The Future

- ✓ Our Research and Innovation PPI Group are broadening their PPI involvement to include young people in Lincolnshire. We have formed links with a young people’s participation group called “Lost Luggage”. Their group has:
  - ❖ Formed a core group of 17 enthusiastic and proactive young people
  - ❖ Pursued fund raising options
  - ❖ Registered charity
  - ❖ Developed a logo with local graphic design company
  - ❖ Links with Young Minds and Time to Change - group members have published website articles
  - ❖ Undertaken BBC documentary research
  - ❖ Supported Research and Innovation projects

#### Members include:

- ❖ Former/current CAMHS patients
- ❖ Children and Young People experiencing mental health difficulties

- ✓ Our Research and Innovation PPI group are undertaking a 12 week programme of research awareness and training on ‘How to do a Community-Based Research Project: A journey to learning about research and research skills.’ This programme will consist of 10 sessions: 5 ‘teaching’ sessions and 5 ‘workshops.’ The focus of the teaching sessions will be to examine the process and practice of community-based research. Workshops will be used to examine the implications and application of the teaching for people-led research and for the groups’ proposed research project as a practical application of learning.

- ✓ Our Research and Innovation PPI group is working in collaboration with the University of Lincoln to host our first Research and Innovation Expo which will include key speakers and examples of both research and innovation projects from cross Lincolnshire. The event is scheduled for APRIL 5<sup>th</sup> 2013.



### “Lost Luggage” is Lincolnshire CAMHS Young People’s Participation Group



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