# INVOLVE



# Top Tips...

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### What makes good public involvement in research?

For researchers, public involvement managers, members of the public and those interested in the public perspective / contributions.

- 1. Research should be based on the six INVOLVE values and principles of public involvement in research
  - Respect: show respect to all, by treating them as equals
  - **Support**: support everyone, by providing access to resources, using plain English language, offering training and mentoring
  - Transparency: be crystal-clear and open about all elements of research projects and processes
  - Responsiveness: respond to requests for clarifications and provide feedback on comments and alterations
  - **Fairness of opportunity**: provide opportunities for recruitment and contribution in a fair manner
  - Accountability: ensure everyone knows that they have a duty to take responsibility for their tasks
- 2. Facilitating representation of groups with relevant characteristics and diversity of experience

To explore, see healthtalk.org:

www.healthtalk.org/peoples-experiences/medical-research/patient-and-public-involvement-research/representing-range-views-and-experiences-diversity

3. Explore and monitor impact, by using reliable tools and means of measurement

To explore see healthtalk.org:

www.healthtalk.org/peoples-experiences/improving-health-care/patient-and-public-involvement-research/value-and-impact-patient-and-public-involvement



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- 4. Promote equality, by being aware of power relationships and ensure all have an equal voice
- 5. Enable access to all, by facilitating reasonable access to those less able by having a welcoming / empowering environment (listen to the physical, cultural and psychological needs of public contributor without preconceived ideas)

To explore tips 4 and 5 further see healthtalk.org: <a href="https://www.healthtalk.org/peoples-experiences/improving-health-care/patient-and-public-involvement-research/factors-which-make-it-easier-get-involved">health-care/patient-and-public-involved</a>

#### **Further Resources:**

"Public involvement in research: values and principles framework". INVOLVE, NIHR. <a href="https://www.invo.org.uk/wp-content/uploads/2015/11/Values-and-Principles-framework-final-October-2015.pdf">www.invo.org.uk/wp-content/uploads/2015/11/Values-and-Principles-framework-final-October-2015.pdf</a>

"What good PPI should look like." East Midlands PPI Senate, East Midlands Academic Health Science Network.

http://emahsn.org.uk/images/Section%208%20-

%20Resource%20hub/PPI%20documents/Useful%20documents/What Good PPI looks like Final 30-09-15.pdf



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