
DEFINITIONS

- **Inclusion** is about taking deliberate action to meet the needs of different people and to promote environments where everyone feels respected, valued for who they are and able to achieve their full potential.
- **Diversity** means understanding that each individual is unique, respecting and valuing all forms of difference. People vary in all sorts of ways which may not always be obvious or visible. These differences might include race, ethnicity, culture, belief, gender, sexuality, age and social status, ability and use of health and social care services

