

#INVOLVEat21

RESEARCH – THE BEST TREATMENT I'VE EVER HAD

SIMON STONES

“

There's a moment
when you have to
choose whether to
be silent or to stand
up.

MY JOURNEY

1993

1996 – Juvenile idiopathic arthritis

2008 – Crohn's disease

2012 – Fibromyalgia





FINDING MY VOICE

Research enabled, and empowered me to take
control, and take action



eular

fighting rheumatic & musculoskeletal
diseases together

70

anniversary
1947 - 2017

NHS

National Institute for
Health Research



Fibromyalgia Action UK
Fighting for Freedom from Fibromyalgia



GenerationR
young people improving Research

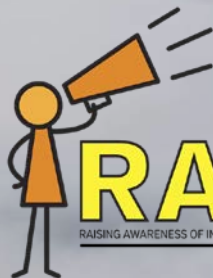


eYPAGnet

European Young Persons' Advisory Group Network



ICAN
International Children's Advisory Network



RAiISE

RAISING AWARENESS OF INVISIBLE ILLNESS IN SCHOOLS & EDUCATION

savvy
COOPERATIVE

LESS TALKING, MORE ACTION

Young people
and their
families

Healthcare
professionals,
researchers and
industry

The voluntary
sector



“IF YOU DON’T LIKE SOMETHING, CHANGE IT”

My involvement in research as a young person has inspired me to actively step up and make a difference...



Innovative approaches to the
Self- and shared-**MA**nagement
of a**R**thritis by children, their
families and professionals



UNIVERSITY OF LEEDS



“

**Patients won't be part
of the conversation in
the future... they'll be
leading it.**

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THANK YOU



@SimonRStones

simon@simonstones.com



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